

UC San Diego Retirement Association Report Highlights of Activities 2021

[The UC San Diego Retirement Association](#) continues its active roles, both as a stand-alone organization and in close partnership with the [UC San Diego Emeriti Association](#). The two organizations share facilities in the [UCSD Retirement Resource Center](#) under the able direction of Suzan Cioffi. All events have continued online since March 2020, due to the pandemic.

Membership of the UC San Diego Retirement Association remains by far the largest in the UC system, with some 2400 members. Dues for annual and life memberships remain at \$30 and \$300, respectively.

The [Retirement Association Gazette](#), the organization's newsletter, is published nine times each year and is a 12-page, full-color newsletter format, with the Fall issue including a six-page section of year-long programs. The Gazette contents include details about upcoming activities, requests for volunteers, a President's Message, and a calendar of events. The UCSD Retirement Association Gazette moved entirely online in 2020. The RA also publishes a weekly events calendar email "Next Week/+ at the UCSD Retirement Association", listing all RA Zoom events for the coming two weeks, with relevant time/RSVP details. Members are required to RSVP online to receive the Zoom event link.

The Retirement Association offers three list-serv choices; one for all campus flyers plus RA and benefits news, one for UCSD-RA and benefits news, and the third limited to the electronic distribution of the Gazette and Next Week.

The UC San Diego RA has a [large group of active volunteers](#) who typically contribute more than 1,000 hours so far this year. This year, the RA offers a variety of virtual volunteer events: CSP Networking nights, mentoring opportunities, a Holiday Food Drive, a Marine Holiday Toy Drive and knitting of NICU Premie caps. The volunteer Board and Committee members provide approximately 2,000 hours of volunteer service time to various meetings throughout the year. Total RA volunteer hours exceed 5,000 each year.

The Membership Committee hosted two virtual Meet the RA Board events last year and is planning another one.

The Program Committee organizes numerous activities annually which this year have all gone virtual, including [community](#) and [campus](#) tours, [educational seminars](#) (aging and financial topics, [distinguished lecture series](#), healthy living and eating lectures and [food demos](#). In addition, there are several annual events that members look forward to which are all now being reimaged in the virtual world). Program offerings range from 15 to 20 each month! An online [RSVP system](#) generates a confirmation email to each registrant, and a roster of event attendees for check in and for sending the Zoom link. The RA has planned more than 200 new programs and activities for the year ahead.

Many of the RA programs are video recorded and shared on the very active [RA YouTube Channel](#). Access to these informative and/or entertaining videos is open to the public. The RA already has more than seventy videos on its channel, with viewership about to surpass 10,000. According to your interests, you may find it more productive to explore the RAYT via its many playlists. With [RAYT playlists](#), video recordings are grouped by area of interest or specialty. The RAYT currently has seven active playlists.

The amount that the UCSD Retirement Association contributes to the [Chancellor's Scholarship](#) fund is \$7500 annually and it makes a \$1,000 award to Nursing / Health Sciences, and an additional \$1200 sponsorship to the UCSD International Center to support study-abroad scholarships. The recipients of these funds attend virtual luncheons to accept the awards.

Several UCSD Retirement Association members are actively involved as mentors with the [Emeriti Mentor Program](#). This program provides mentoring to some 80 freshmen and sophomore Chancellor's Scholars, and 80 upper division scholars. Mentoring is continuing via Zoom.

Submitted by Mae Brown, UCSD Retirement Association President and Representative to CUCRA



UCSD Retirement Association

Program Lineup for 2021-2022

Year-long Program Series

[Educational Seminars](#) Estate planning, home safety tips, Medicare & many more.

[RA Emeriti Faculty Lecture Series](#) Topics include: immigration, multilingualism, corporate governance & more.

[Discovering UCSD](#) Get an inside look at all of the wonders UCSD has to offer, from the new trolley & amphitheater to the UCSD Design Lab.

[Neighborhood Exploration Walks](#) Walk with RA members on a series of exploration walks through some of SD's most interesting neighborhoods.

[Emeriti Association Lecture Series](#) Topics include: Brain-washing, Emperor Penguins, Civil Wars & more.

[Archeology and History Series](#) Explore history and cultures ranging from within our San Diego community to Europe, Asia, and the deepest parts of the ocean.

[Gardening Series](#) Gardening tips, water conservation, growing herbs & more.

[Food Demo Series](#) Learn how to make festive holiday hors d'oeuvres, Mexican Pan Dulce, Persian delights & more.

[Trivia Tuesday Series](#) Test your knowledge as you play Trivia with other RA members once per month – Point totals will accumulate year-round.

[Let's Take a Walk](#) A series of beautiful fitness walks around San Diego.

Interest Groups

The UCSD Retirement Association has a number of [vibrant interest groups](#) where Association members can learn more about a variety of topics, while participating in the group's discussions and activities.

UCSD Retirement Association YouTube Playlists - The RA hosts an active [YouTube channel](#) currently with over seventy programs and 10,000 views. Videos are organized into Playlists to facilitate finding programs you are most interested in.

[Senior Seminars](#) - You will find all of the seminars which provide helpful information for important issues as you age. This channel includes seminars on Estate Planning, Probate, Rightsizing Your Home, Senior Housing Options, Long Term Care Insurance, Home Safety, Medicare, and Fiduciary vs. Family as Trustee.

[Healthy Living/Healthy Eating](#) - A series of talks presented by Erin Kukura, Nutritionist for UC San Diego Fitlife.

[Discovering UCSD](#) - An opportunity to explore UCSD via a wide range of video tours and presentations.

[RA Faculty Lecture Series](#) - A wide array of lectures by UC San Diego current and emeriti faculty members.

[Arts & Culture Series](#) - This playlist highlights the various presentations and virtual tours hosted by the UCSD Retirement Association, all focusing on arts and culture.

[Emeriti Lecture Series](#) - The RA's sister organization, the UCSD Emeriti Association, offers a lecture series as well, which is included here.

UCSD Retirement Association Located in University Center, Building 400.
Mailing Address: 9500 Gilman Drive, Dept. 0020, La Jolla, CA 92093-0020
Suzan Cioffi, Director, UCSD Retirement Resource Center
scioffi@ucsd.edu, retireelink@ucsd.edu, (858) 534-4724