

UC Irvine Report to CUCRA- April 28, 2011 UCI Retirees Association (UCIRA)

Cooperation with the UCI Center for Emeriti & Retirees:

The UCI Retirees Association has had another successful year collaborating with the UCI Center for Emeriti and Retirees. Together with the Center and the UCI Emeriti Association (UCIEA), we enjoy a variety of programs and events from educational to social. Thanks to the Center, all UCI retirees enjoy discounts for parking, certain cultural/performance events and free athletic tickets.

Senior Living Community at UCI:

We developed, in conjunction with the UCI Emeriti Association and the Center for Emeriti & Retirees, and disseminated a survey to determine the interest of our emeriti and retired staff in a retirement facility on UCI territory. We have about a **10% return of responses, 90% favoring a facility.**

Healthy to 100 and Beyond

Once again we co-sponsored this very popular series coordinated by the Center for Emeriti and Retirees.

January 24, 2012- Alzheimer's Research Update 2012

The newest information and research regarding Alzheimer's and other Dementias from the continuing work at our own UCI MIND.

January 31, 2012 - The Highs and Lows of Diabetes Management and Prevention

How the American diet is affecting diabetes statistics and what you can do now.

February 14, 2012- The Aging Eye: What is Normal and What is Not

Macular degeneration, glaucoma, cataract, diabetic eye disease, and the newest treatments for these conditions.

February 21, 2012- Brain Attacks: What You Need to Know about Stroke Prevention

The causes of stroke, how to recognize stroke symptoms, and the latest medical advances in stroke prevention and intervention.

March 6, 2012- The Effects of Aging on Voice and Swallowing

How the voice box works, how the throat changes with age, and which conditions affect voice and swallowing.

Upcoming programs

April 30, 2012 - Annual Chancellor's Reception for all Emeriti and Retirees featuring Chancellor Michael Drake as keynote speaker, AND,

Our 5th Annual Emeriti and Retirees Art Exhibit

June 4, 2012 - 4th Annual Retirees & Friends Golf Tournament, Costa Mesa Golf Course. Retirees from other campuses welcome.

Additional activities

March 21, 2012 - Making Sense of Medicare Information Session at the University Club.

Marianne Schnaubelt

April 2012